



**June 4-6, 2021**

**Coach Event Information  
And FAQs**

## EVENT INFORMATION

45<sup>th</sup> Heart of America Invitational  
June 4-6, 2021  
An Excel Series Event  
Hosted by Silver Blades Figure Skating Club of Greater Kansas City

### [Kansas City Ice Center](#)

19900 Johnson Drive  
Shawnee, KS 66218  
913-441-3033

### Competition links:

Event Announcement on EntryEeze Link: click link [HERE](#)

Starting Orders: click link [HERE](#)

Detailed Schedule and Time Flow: [click link HERE](#)

Results Link: click link [HERE](#)

### Competition Contacts:

LOC Chair: Peggy Shandy Lane; [plshandylane@gmail.com](mailto:plshandylane@gmail.com)

LOC Registration: Audrey Ryan; [audreyryan79@gmail.com](mailto:audreyryan79@gmail.com)

Chief Referee – Carylyn Landt; [clandt@ucsd.edu](mailto:clandt@ucsd.edu)

Kansas City Ice Center Manager: Dean Nelson; [dnelson@kcicecenter.com](mailto:dnelson@kcicecenter.com)

Event Medical: [sullivansp@me.com](mailto:sullivansp@me.com)

U.S. Figure Skating Contact: Mia Corsini (\*not onsite); [mcorsini@usfigureskating.org](mailto:mcorsini@usfigureskating.org)  
[SBFSC Volunteers & Donations](#); [sullivansp@me.com](mailto:sullivansp@me.com)

### Webinar

Zoom call held on **May 26, 2021** for Coaches, Skaters, and Parents to review protocol and answer questions. At least a Coach or Parent must join with their Skater on the call.

Kansas City Ice Center in a two-building facility. There is limited seating within the facility so we will be restricting the number of people within both buildings at all times. The rink building and the outdoor arena will be used to manage the flow of participants with strict guidelines and timing to follow through the process.

### Other Facility Information:

- Rink staff and employees will do a temperature check prior to work each day. Anyone feeling symptoms or with a temperature equal to or over 100.4 degrees will not be allowed to work. All of the staff will be masked during the competition.
- There will be NO public access to the facility during the event.
- Social distancing indicators (yellow circles) are placed on the bleachers to indicate where Spectators/Chaperones should sit to maintain social distancing while in the rink building.

## **ADMISSION POLICIES**

- **Waivers** must be signed by all Skaters online at USFS Members Only before participating in the Event.
- **Masks** must always be worn at ALL times by every person in the facility; the **only exception** is for when the Skater is on the Ice for their event. The mask **MUST** cover the nose and mouth and be secured under their chin while in the facility.
- **Social distancing** must be maintained at all times. The CDC recommends a distance of 6 feet and separate pathways will be established within the venue (minimizing crossover and contamination).
- **Temperature** will be checked and screening will be administered to everyone entering the building (Skaters, Coaches, Chaperones, Volunteers, Officials, and Spectators).
  - Skaters, Coaches, Chaperones, Volunteers, and Officials must start at the rink building entrance and will be escorted through the facilities by their assigned Usher.
  - Spectators will be temperature screened at the Southeast door entrance and will be escorted to assigned seating.
  - Any individuals unable to pass temperature screening or refusing to be screened will not be permitted into the event.
- **If you have a temperature:** Per CDC guidelines, no individual will be allowed to enter the building if they have a temperature of 100.4 and above. There are NO exceptions (inclusive of athletes). We kindly ask Skaters, Coaches, Officials, Spectators, and Volunteers to stay home if they are:
  - Feeling sick
  - Running a fever or have the chills; 100.4 is the maximum temperature for access
  - Have a cough or shortness of breath
  - Sore throat
  - Loss of smell or taste
- **Spectators/Chaperones:** Only one (1) Spectator and one (1) Chaperone (for Skaters 17 and under) will be admitted for the Skater's actual competition time.
  - The Chaperone must be over the age of 18 and an immediate family member as defined in U.S. Figure Skating's SafeSport Handbook.
  - Both Spectator and Chaperone must be listed by name in the skater's registration in EntryEeze by **June 1**. All names will be checked off when entering the South Spectator door.
  - Masks are always required to enter and be in the facility.
  - Spectators and Chaperones must meet at the South Spectator entrance in at least 10 MINUTES in advance of their skater's access time for a temperature check and verbal health questionnaire.
  - Spectators and Chaperones will be escorted in and out by an Usher and can only access the designated area of the arena with specific seating.
- **Access to practice ice:** There is no chaperone access for practice ice. Skaters should come in with skates on.

## COMPETITION DETAILS

- **Practice Ice:**
  - NO music will be played on Practice Ice. NO hard copies of missing music and/or planned program content will be accepted onsite; connect with Audrey Ryan (Music) and Michelle Russell (Registration) on process for onsite electronic submission.
  - All Skaters and Coaches will be required to exit the ice and leave the building promptly once the practice ice session is complete.
  - It will not be possible to cut through from rink to inside the building after the Skater's practice ice.
  - If you are skating on the practice ice session immediately following, you will be directed to a waiting area on the bleachers.
  
- **Skater Staging Area:** All Skaters will have a designated area for putting on their skates.
  - One (1) Chaperone will be allowed into the Skater Staging Area to help young Skaters or Skaters requiring assistance to put on skates for their event.
  - After Skaters have their skates on in the Skater Staging Area, Chaperones must return to the Southeast entrance door to be escorted to the designated seating areas in the rink building. (labeled "Spectator/Chaperone Seating Area").
  
- **Locker Rooms** will NOT be available for Skaters to change; please come dressed and ready to skate.
  - Locker Rooms will be used to stage skaters before entering the ice for their event. Skaters can leave their skate bag/water bottle etc while skating.
  - Locker Room doors will be left open.
  
- **Can Coaches help tie Skaters' skates?** Yes, chairs will be located outside of each locker room for Coaches to assist with skates. Reminder: Coaches are not allowed in the Locker Room under any circumstances; skaters must meet outside the door for assistance.
  
- **Schedule:**
  - Skaters and Coaches will have designated times for arrival for both competition and practice ice. No individual will have access to the building outside the designated times.
  - Ushers will lead Skaters (and Chaperones for those needing help with their skates) to the Skater Staging Area and adjacent off-ice warm up, access to the ice, and out of the rink building. Coaches and officials will be lead to the appropriate locations throughout the facility.
  - 20 minutes are allotted for off-ice warm up and getting skates on
  - Spectators will enter the building through the South Spectator door for seating.
  - After the last Skater of the Group is finished, Skaters will quickly remove their skates, pick up belongings, and follow their Usher out of the rink building
  - After the last Skater of the Group is finished, Skaters will quickly remove their skates, pick up belongings, and follow their Usher out of the rink building
  
- **Arriving at the Arena:** You should plan to arrive 20 minutes before your Event Arrival time shown in EntryEeze as "Competition Flow – Check In – Off Ice".

- Your EntryEeze schedule shows when your Usher will escort you to the off-ice warm up area and to rinkside.
- All groups will move as a unit in, through, and out of the building.
- **What if I miss my scheduled “Check In – Off Ice” time?** Off-ice warm up cannot be rescheduled. If Skaters and/or Coaches arrive late, they will be escorted to the station where their full event group is currently located.
- **Skate Orders and Results** will be posted online at
  - [https://ijs.usfigureskating.org/leaderboard/nonqual\\_results/2021/29961/index.html](https://ijs.usfigureskating.org/leaderboard/nonqual_results/2021/29961/index.html)
- **Awards** will be given out immediately follow the posting of results on
  - [https://ijs.usfigureskating.org/leaderboard/nonqual\\_results/2021/29961/index.html](https://ijs.usfigureskating.org/leaderboard/nonqual_results/2021/29961/index.html)
  - Awards cannot be given until results are live online.
  - There will be no awards presentation or ceremony but there will be a backdrop available to snap a quick picture.
  - Awards can be picked up by Skaters at the Awards desk near Registration desk. Only Skaters should pick up their awards.
  - Arrangements have been made to have medal engraving done onsite. Forms will be available at the Award desk.
- **Video/Photo Packages:** Video/Photo packages are available to order in EntryEeze under “Merchandise”.
  - All events will be videoed, including half ice events.
  - Pre-orders are available through end of competition.
- **Food and Drink:** Except for special dietary needs due to a medical condition, no outside food/drink will be allowed (exception: filled water bottles).
  - Bring your water bottle already filled.
  - Small snacks are permitted for Skaters only.
- **Stuffed Animals:** Unfortunately stuffed animals can’t be thrown on the ice this year.
- **Spectator/Chaperone Seating:**
  - Arena seating will be available in the designated sections only and rotated for sanitation purposes.
  - Social distancing indicators (yellow circles) are placed on the bleachers to indicate where Spectators/Chaperones should sit to maintain social distancing while in the rink building
  - Chaperones will not be able to freely wander the facility, please respect the rules
  - Once the Skater has skated their program and the Event Group is finished, Chaperones must leave the seating area through the Spectator doors and meet their Skaters outside. Skaters will not be allowed in the stands.
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#### Other General Info:

- Keep an eye on your email in the lead up and during the event; this will be the primary method of communication.
- The link for the live results is listed above.
- There will not be live streaming of the competition.
- Bring your FILLED water bottle(s); there are no communal water stations or accessible vending machines.
- Athletes entering the facility for practice or competition will have their belongings with them at all times and move with the Skater to each station throughout the facility.
- Skaters may only bring what they can carry; they must carry items with them as they move from location to location within the facility
- Tissues are permitted but must be disposed by the Skater outside of the facility (i.e. put it in your pocket and/or skate bag).
- Per the Chief Referee, the competition will run by the schedule and NOT run early due to the logistics of the detailed schedule.
- Ushers will give all Skaters a plastic bag in which to put their mask and hand to their Coach prior to going on the ice for their event. The Skater should put their mask back on promptly after leaving the ice.

## INFORMATION SPECIFIC TO COACHES

### Coaches -- Main Entrance Door

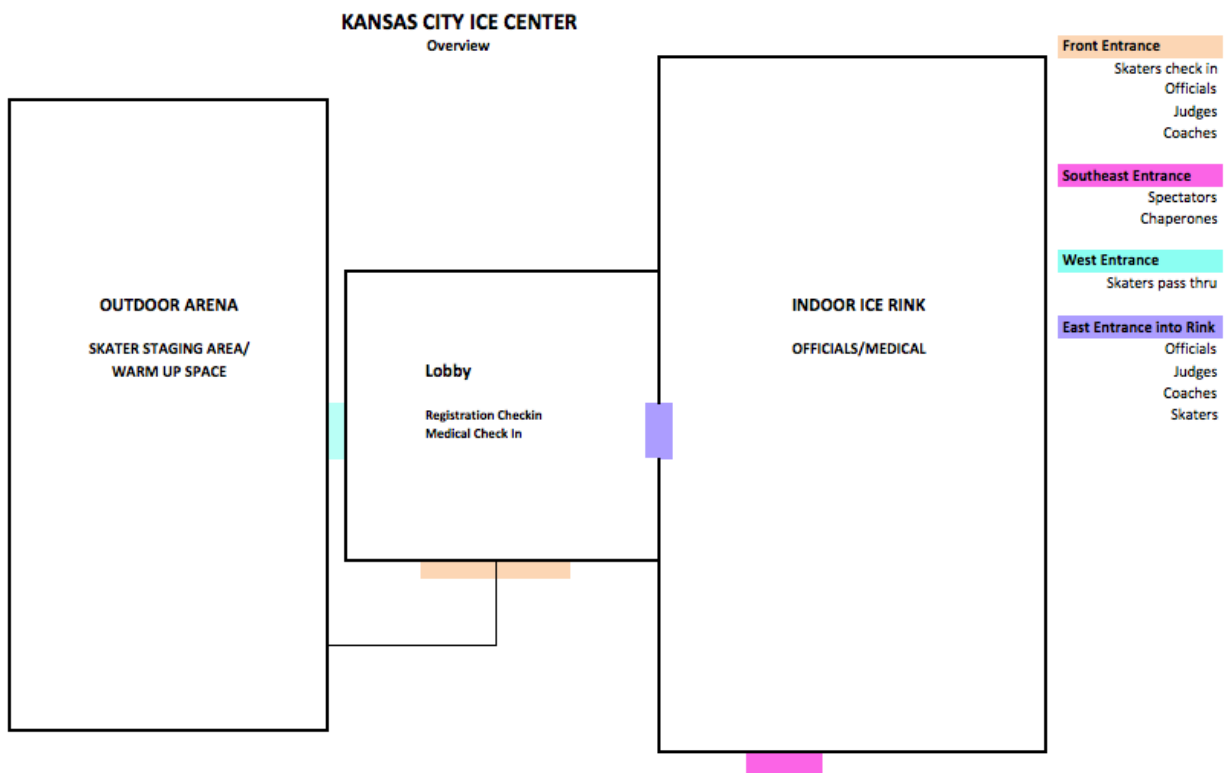
- One (1) Coach will be allowed rink side with each Skater per event. A Skater can have a different Coach per each practice ice and each event.
- If you are coaching on consecutive Practice Ice sessions, please notify your Usher.
- We ask that Coaches do not hang around the rink if they do not have Skaters in the rink building. However, there will be some occasions where the breaks between events are short and Coaches are able to use the bleachers near the North side of the rink to briefly wait.
- Coaches must social distance along the board during the event. Please be mindful of those around you.
- Please stay with your Skater and Usher in the rink building. If you need to make quick changes between Skaters, please inform your Usher.
- Coaches are asked to not go in and out of the Locker Room staging areas. Ushers will call Skaters to come rink side as their Event Group is announced.
- Your Skater will have a plastic bag for you to hold their mask while they are on the ice for their event. Please make sure they promptly put their mask back on when they leave the ice.
- Remote coaching via a communication device – A Coach may communicate with a Skater during practice ice and events as long as all SafeSport criteria and competition policies are met, including:
  - The Skater's personal phone may not be used for communications.
  - The phone may not be brought on the ice, or propped up so that it could fall on the ice.
  - Two-deep leadership must be adhered to while the communications are taking place. Event Volunteers will not be able to fulfill the role.
  - Parents and other Skaters are not allowed rink side during practice ice or events. Two-deep leadership for such times would need to be fulfilled by another credentialed PSA compliant coach with appropriate access.
  - There are no exceptions to these policies, and violations may be reported to PSA and SafeSport.
- Coaches (unless you have another Skater in an upcoming event) must leave the rink building until online results are live.
- A Coaches Hospitality Room with limited grab-n-go snack items and beverages will be available in Locker Room 4. Hospitality items can only be consumed in the Locker Room and outside.
- A Reminder: The Elements Programs are scheduled one at a time. No programs have been assigned to one end or the other of the ice. The whole sheet will be available for Skaters/Coaches to choose which half to use for their programs. The Skaters must make sure they stick to ½ of the ice when skating their program.
  - FYI: The Technical Panel will be on the Zamboni end / the judges will be on the Scoreboard end of the rink.

## **BUILDING LAYOUT AND ACCESS**

Below is a map of Kansas City Ice Center (figure 1.1). Temporary modifications have been made to the arena to accommodate for social distancing and further measures are being taken to ensure the safety of attendees and participants at Silver Blades FSC's 2021 Heart of America Invitational.

Pathways have been established within the facility to minimize footprint and socialization between groups. You will not be permitted access to the facility until your designated time per the detailed schedule. Skaters who miss their arrival time will be escorted to the appropriate area in accordance with their schedule – there will be no 'redo' if missing the warm up timeslot. Detailed layouts and traffic flows are shown for Skaters, Chaperones, and Coaches under the respective sub-headings. Stanchions will separate the Registration entrance and exit area in the Lobby.

**Figure 1.1**





# RINK ENTRANCE AND TRAFFIC PATHWAYS

Rink Building Entrance

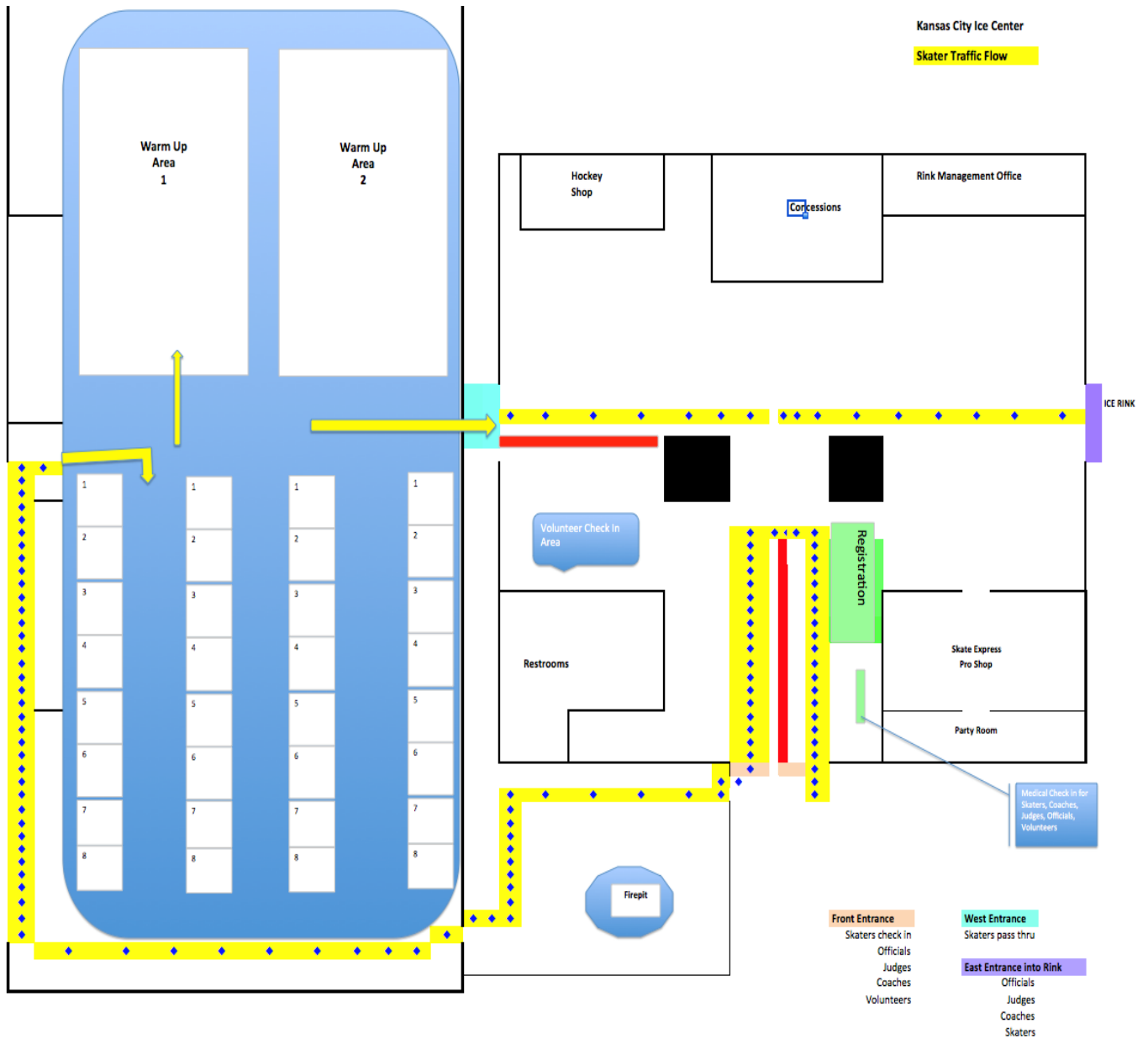
- 1) Main entrance door:
- 2) West (left) patio entrance door:
- 3) Southeast (right) entrance door:

Chaperones – Main Entrance Door, then Southeast Entrance Door

Spectators – Southeast Entrance Door

Coaches -- Main Entrance Door

**Skater Traffic Flow**



# Coach / Spectator / Chaperone Traffic Flow

